

CLAC NEWS

COLLINGWOOD LITTLE ATHLETICS NEWSLETTER

Week 16

This Friday evening is week 13 of competition starting at 5.30pm.

Next weekend is Open Day and the following week is Regional Track and Field so there will not be the normal centre competition on.

We do not have another club competition until Friday 26th February

REGIONAL TRACK AND FIELD

Entries are in and athletes are hopefully preparing themselves. A duty roster will be released to parents of athletes who are competing.

STATE MULTI EVENT

Well done to the athletes who competed in the State Multi Event at Bendigo last weekend. The athletes achieved some personal best performances and had a great time!

A report will hopefully be on the website soon.

TRAINING IS BACK!

Training is back on and is targeted at athletes who have entered the Regional Track and Field Championships.

Age Group	TRACK			FIELD
U/6		200		
U/7	70	200	60	Shotput
U/8	70	200	60	Triple Jump
U/9	70	200	800	Discus
U/10	70	200	800	Long Jump
U/11	70	200	1500	High Jump
U/12	70	200	1500	Shotput
U/13.14.15	70	200	1500	Discus

This weekend's program

This weekend athletes will compete in three track events and one field event.

Now is a great time to study up on an event to help officiate on Open Day! If there is a particular event you enjoy or want to learn more about officiating, let Andrew or Clare know and we can make sure there is someone who can answer all of your queries.

COLLINGWOOD OPEN DAY

SUNDAY FEBRUARY 14TH

PLEASE REMEMBER TO SIGN UP TO ASSIST WITH THE RUNNING OF AN EVENT

Don't forget that there is no normal competition on next weekend due to Open Day on the Sunday. The event will run until about 2pm and all officials will be provided with a light lunch.

In order to make this a successful event, we need parent volunteers to assist with the usual range of track and field duties. We are especially looking for volunteers who are willing to take on the role of Chief Official in each particular event. If you are interested in taking on one of these roles please see Andrew Dodd or Clare Garganis to find out more information. If your child has entered Open Day you are required to help on the day so please ensure that your name is on the Open Day volunteers sheet.