



Collingwood Little Athletics

Week 12 - Saturday, December 6 2008
www.collingwoodlittleathletics.org.au

Program H					
	Boys and Girls			Boys	Girls
U6	On Track 200				
U7	50	70	200	LJ	LJ
U8	60H	80H	400	HJ	HJ
U9	60H	80H	1100W	SP	SP
U10	60H	80H	1100W	LJ	LJ
U11	60H	80H	1500W	DISC	DISC
U12	60H	80H	1500W	LJ	LJ
U13	300H	80H	1500W	DISC	DISC
U14G	300H	80H	1500W	DISC	DISC
U14B	300H	90H	1500W	DISC	DISC
U15G	300H	90H	1500W	DISC	DISC
U15B	300H	100H	1500W	DISC	DISC

WALKS

Walks are scheduled this week and will commence at 8:45am for the U11/12 Boys 1500m, followed U11/12 Girls 1500m, followed by U13-15B, then U13-15G 1500m. Late comers will not be allowed to compete in another age group as this creates administration issues with timing and results recording and delays the program for all others.

TOILETS

The Women's toilets in the clubrooms are still undergoing renovation. So can women and girls please use either the portable toilets or the disabled toilets.

Parents, apparently some children and athletes think it is funny to disturb

others who may be in the portable toilets. Please supervise your children when they are in the portable toilets.

There are several athletes who have been warned about suspension from the club for not respecting others on this matter.

If you see children and athletes misbehaving around the toilets please bring this to the attention of a Committee member.

ACHIEVEMENT

In a recent newsletter it was mentioned that Lucy Dodd (U12G) who has been selected in the Victorian State Team in the 12/13 year Girls Shot Put. This is an outstanding achievement and

10% OFF VOUCHER



10% OFF VOUCHER

for Little Athletes

Proud supporter of Little Athletics

The Athlete's Foot Ivanhoe invites you to use this **10% OFF** voucher towards the purchase of any pair of shoes.

Offer Expires: 20th December 2008

Valid at The Athlete's Foot
 109 Upper Heidelberg Rd. Ivanhoe Ph: 9497 4371

Not redeemable for cash. Excludes items already on sale. Redeemable towards shoe purchases only. Limit one (1) coupon redemption per shoe pair purchased.



we wish Lucy all the best in her Shot put competition. Lucy achieved a fantastic 11th place in the recent Pan-Pacific games

COLLINGWOOD OPEN DAY - 8 FEBRUARY 2008

The Collingwood Open Day will be held on Sunday 8 February 2009. Entry forms will be available at the Information Desk or for download at the CLAC website.

As open day is fast approaching helpers for all events are required could parents please volunteer there help for the day so we can have a fun successful open day which helps raise the profile of the club and is also a great fun raiser.

See Clare or Andrew at the information desk for further details of how you can help

A list of the Open Days of other centres is available at the CLAC website

VOLUNTEERS

Little Athletics is a program that has always relied on volunteers to provide the extra comforts for athletes and members and to officiate at events. It is important that young athletes learn to work within rules and for some it is really interesting to see their parents in a different role.

To help the club stay within our allocated times and so little athletics doesn't take up all our weekends, the club has a noticeboard for volunteers near the Information Desk. We encourage people to put their names against tasks so that we have a better idea of the resources we have to find on the next competition day.

All tasks are undertaken by volunteers and if we don't have enough volunteers the program can become unnecessarily long.

RUBBISH

A lot of rubbish was left in the reserve recently Please make sure that you place all rubbish in the wheelie bins at the side of the pavilion or in the bins within the pavilion.

Your help is greatly appreciated on this issue.

SUPERVISION OF CHILDREN

Children attending Collingwood Little Athletics must be in the care of a responsible person at all times. The adult responsible for the supervision of the children at each meeting must stay for the duration of the meeting.

COLLINGWOOD

LITTLE ATHLETICS

CHRISTMAS RAFFLE

Tickets available today at the registration desk.

Raffle Drawn 13 December 2008 10am Sharp!

All raffle tickets to be returned by Saturday 6th December 2008.

1st, 2nd, 3rd & 4th Prizes available!!

Signed Carlton Football Jumper, NATIO hamper, \$50 Mauro Bros meat voucher, Athletes Foot packs, best-selling novels, coffee merchandise from Cafe2U and much more....

\$2 a Ticket (10 Tickets per booklet)

Donations still being accepted.

Please see Nancy or enquire at the Information Desk

UNIFORM UPDATE

The Committee is investigating providing an optional "crop top" uniform, similar that seen by athletes at recent regional relay events. The tops will be trialed over the next few weeks.

Until the option is approved the official CLAC uniform will remain

- Plain black running shorts & club singlet (plain white T-Shirt under the singlet if cold)
- The Registration Tags

SUN SMART

Each Summer's day seems to have a high UV rating. It is very important that athletes wear hats as much as possible and that sunscreen is applied. Sunscreen is available at the information desk. Remember when you are out in the sun,

Slip...,

Slop...,

Slap...

NEWSLETTER

We are always looking for news and information for this newsletter. Items for inclusion should be emailed to Kevin Jones (the man at the barbecue) at jonesk99@gmail.com

SPONSORS

Special thanks to our sponsors, THE ATHLETE'S FOOT - Greensborough & Ivanhoe, for their ongoing support.



MAURO BROS - FAIRFIELD of Station St Fairfield, who supply CLAC with our BBQ meats and with donations of meat for raffles.



REGISTRATION GAPS

There have been considerable issues with the accuracy of record keeping with families who have paid CLAC membership, but not yet registered online.

Could ALL parents please ensure that their online registrations have been completed.

The following members need to finalise their registrations:

Marlan Johnstone

Ryan Lovell

Tara Fontana

The Rosa family

The Adam family

The Corser family

The Daver family

The Cretella family

The Morritt family

LUCKY NUMBERS

Choose a number for \$1 for you chance to win.

Nancy will be walking around the club this morning selling lucky numbers. Please support this fundraising activity.