



Collingwood Little Athletics

Week 1 - Saturday , September 6 2008
www.collingwoodlittleathletics.org.au

2008-9 Season Begins

Registrations from 8.30 am

Next competition day FRIDAY evening, September 13

NEW SEASON

CLAC warmly welcomes all new families and athletes to the 2008/9 season. Some helpful hints for those new to Little Athletics:

- Upon registration you will receive the Centre Handbook which contains answers to many questions you may have regarding season dates and program scheduling
- The club website is another valuable source of information and should be checked for latest news and information
- Event marshalling: Children will be called to events by age group, across the PA system. Make sure you listen out for your events to avoid disappointment of missing your race
- Little Athletics is all about fun and participation for our children, however to ensure the efficient and expedient completion of the program we need lots of parent volunteer helpers each week to help officiate.

The jobs are simple and fun and give you a birds eye view of the children participating.

Don't feel embarrassed if you have not done this before, there will be people on hand to assist or people who have done it many times before to help you out, although operating a measuring tape, raking sand pits, or recording performances on a sheet requires virtually no direction. We need lots of parent help so please volunteer early on the day.

Look forward to seeing you out there. If you have any queries, go to the desk outside the clubrooms for assistance.

SUN HATS & UV PROTECTION

CLAC operates a UV policy where athletes are encouraged to wear sun hats whenever possible during competition days. Sunscreen is available at the Registration Desk. We strongly encourage all athletes to use this.

CLAC sunhats are also for sale at the desk.

REGISTRATIONS

For the 2008/09 season all registrations

10% OFF VOUCHER



10% OFF VOUCHER
for Little Athletes

Proud supporter of Little Athletics

The Athlete's Foot Ivanhoe invites you to use this
10% OFF voucher towards the purchase of any
pair of shoes.

Offer Expires: 20th December 2008

Valid at The Athlete's Foot
109 Upper Heidelberg Rd. Ivanhoe Ph: 9497 4371

Not redeemable for cash. Excludes items already on sale. Redeemable towards shoe purchases only. Limit one (1) coupon redemption per shoe pair purchased



need to be undertaken online through the CLAC website. We are not encouraging people to pay online at the moment.

Payments can be received at the CLAC registration desk for the next few weeks but thge process will be considerably quickened if registration is done on line prior.



TRAINING

Training will begin within the next few weeks. Please visit our website for the latest information

UNIFORM UPDATE

The official CLAC uniform is...

- Plain black running shorts & club singlet (plain white T-Shirt under the singlet if cold)
- The Registration Tags

Black leggings are **NOT** part of the official uniform and cannot be worn.

Also registration tags are part of the official uniform and athletes will NOT be allowed to compete without a registration tag.

CLAC HANDBOOK

Please spend some time reading the Handbook thoroughly. Rules and obligations are clearly set out.

Of particular importance is the schedule of competition days. Note that CLAC has a combination of Saturday mornings and Friday evenings so get these into your calendars early.

Also remember that there is NO competition on the grand final weekend.

REGISTRATION NUMBERS

Thanks to all those athletes who registered last week. Before the start of the 2008/09 season CLAC already has over 115 registrations

NEWSLETTER DISTRIBUTION

Usually we try to email members the newsletter a couple of days before competition days. Please make sure that your current email address is included on your registration.

PARENTAL PRESENCE

Please note that it is a condition each athlete's membership that children attending a Centre meeting must be in the care of a responsible person at all times. More information on the regulations is in the Handbook.

CANTEEN

Firstly, we need to call for volunteers. Anne and Kevin will be managing the canteen but help is needed in serving. If you are interested in volunteering for this role please spend a couple of minutes talking with Anne or Kevin, in between sausages, curly-wurlies and sour strips.

For the first time we are trialling a coffee van at competition days. We recognised the desire for some members to have "real" coffee available at Little Athletics and we thought this may be a good option. Cafe2U attended on registration day last week to a great reception.

Bacon and eggs will be available each Saturday morning. There is a limited supply each morning, so get in early.

Breakfast cereal was very popular last season and will be available again this year.



The canteen will be trialling a few minor changes this season. Sausages will be available with onions AND grated cheese. Small packets of sultanas will be on sale and Pizza & Barbecue Shapes will be an alternative to potato chips.

When the days begin to heat up, don't forget that as well as icy poles, a limited number of frozen yoghurts will be available.

On Friday evenings the canteen makes available hamburgers and veggie burgers as well as sausages. We realise that many families want something more substantial in the evenings.

Please remember to use coins or small denomination notes for your purchases early in the morning. It is impossible for us to change \$50 notes first thing.

WEATHER NOTIFICATIONS

Check the CLAC website to know whether the competition is on during a possibly rainy day.

BENDIGO BANK

We have recently been granted a community sponsorship from the Clifton Hill/North Fitzroy Community Bank® Branch of Bendigo Bank at 101 Queens Parade, Clifton Hill.

This sponsorship of \$2000 will enable us to investigate the purchasing of electronic timing gates. Many thanks.

Clifton Hill/North Fitzroy
Community Bank® Branch



Here's some information about the Bank:

If you think all banks are the same, you obviously haven't paid a visit to the Community Bank® Branch of Bendigo Bank which has been operating in Clifton Hill for two years.

As with many Bendigo Banks, the Clifton Hill/North Fitzroy Branch was established and funded by the local community, so that profits from local banking stay within the area and will be used to support local Clubs and community groups like us.

Call in to the branch at any time to see what Branch Manager, Rod May, and his friendly and efficient staff can do for you or make an appointment to meet Rod or David on 9482 9040.



SPONSORS

Special thanks to our sponsors, THE

ATHLETE'S FOOT
- Greensborough & Ivanhoe, for their ongoing support.



MAURO BROS - FAIRFIELD of Station St Fairfield, who supply CLAC with our BBQ meats and with donations of meat for raffles.



NEWSLETTER

We are always looking for news and information for this newsletter. Items for inclusion should be emailed to Kevin Jones (the man at the barbecue) at publicity@collingwoodlittleathletics.org.au