



Week 11 - Friday, November 28 2008
www.collingwoodlittleathletics.org.au

Collingwood Little Athletics

PROGRAM E					
	Boys and Girls			Boys	Girls
U6	On Track	300			
U7	60	70	100	SP	SP
U8	70	200	400	DISC	DISC
U9	400	200	100	SP	SP
U10	800	400	100	SP	SP
U11	1500	400	100	TJ	TJ
U12	1500	400	100	TJ	TJ
U13	1500	400	100	HJ	LJ
U14	1500	400	100	HJ	LJ
U15	1500	400	100	HJ	LJ

TOILETS

Contrary to previous advise, the Women's toilet and change room renovation has commenced first instead of the men's. This is now a 'construction zone' and is out of bounds to all.

Yarra Council has provided two portable toilets situated near the water tank area as a temporary alternative whilst the renovation occurs.

The disabled toilet may also be used by female patrons as a temporary measure. We ask parents to ensure that their male children continue to use the Men's toilet block, which is still operational.

Please remember that the portable toilets are not play areas and that some children may be hesitant in using them or using them alone. Parents are reminded that it is their responsibility to supervise their children in these circumstances.

RESTRICTIONS

Club members and athletes please remember that the George Knott reserve is a smoke-free and alcohol free zone whilst Little Athletics is present.

Recently, we have had to move smokers outside the fenceline and to advise people that drinking alcohol in front of the athletes is not permitted. The relevant policies are posted in the club rooms.

PROGRAM MANAGEMENT

As another initiative to speed the program and improve the inactive/active ratio of our athletes, we will trial using the back straight for the 50m, 60m & 70m events on Saturdays, in parallel with the 100m events on the front straight.

This is only possible if we get sufficient volunteer officials at the finish line on

10% OFF VOUCHER



10% OFF VOUCHER

for Little Athletes

Proud supporter of Little Athletics

The Athlete's Foot Ivanhoe invites you to use this **10% OFF** voucher towards the purchase of any pair of shoes.

Offer Expires: 20th December 2008

Valid at The Athlete's Foot
 109 Upper Heidelberg Rd. Ivanhoe Ph: 9497 4371

Not redeemable for cash. Excludes items already on sale. Redeemable towards shoe purchases only. Limit one (1) coupon redemption per shoe pair purchased.



the back straight to assist in timing of the 50m-70m events. We look forward to receiving the necessary volunteer support to assist everyone on this positive initiative in getting through the program quicker.

COMMITTEE MEETING - 3 DECEMBER

The CLAC Committee meets monthly during the athletics season. These meetings are open to any CLAC member and the committee encourages those interested members to come along and see what goes on behind the scenes.

The next meeting is on 3 December 2008, at a venue to be determined.

REGION RELAY REPORT

Congratulations to all members of the 21 Teams who ran at Ringwood Region Relay Championships on Sunday. With the smallest number of teams entered by any club Collingwood LAC had twelve teams progress to finals of which nine won medals. Athletes should be aware the EMR is among the strongest group of athletes in Victoria so your performances were really outstanding.

Qualifiers and progressions to State Relay Championships on Sunday 14th December will be known next week and I will notify all Team Managers.

Many thanks to the parents and helpers who officiated on the day. Angela Craig,
Team Manager.

ACHIEVEMENT

The Pacific School Games (PSG) is an international sporting event for primary and secondary school students aged ten to nineteen. It is the flagship event of School Sport Australia and will be held in Canberra in 2008 from Nov 30 - Dec 6 .

Our congratulations and best wishes go to Lucy Dodd (U12G) who has been selected in the Victorian State Team in the 12/13 year Girls Shot Put. This is an outstanding achievement and we wish Lucy all the best in her Shotput competition.

COLLINGWOOD OPEN DAY - 8 FEBRUARY 2008

Looking for a little bit of extra competition in a fun and friendly environment? Then Open Days may be just the thing for you!

You may not know it, but each February our Centre holds a special Open Day, where athletes from other Centres are invited along to compete in nominated events. Competitors pay an entry fee for each event, medals are awarded to the first three placegetters, and every athlete receives a special competition ribbon.

A list of the Open Days of other centres is

COLLINGWOOD

LITTLE ATHLETICS

CHRISTMAS RAFFLE

Tickets available today at the registration desk.

Raffle Drawn 13 December 2008 10am Sharp!

All raffle tickets to be returned by Saturday 6th December 2008.

1st, 2nd, 3rd & 4th Prizes available!!

Signed Carlton Football Jumper, NATIO hamper, \$50 Mauro Bros meat voucher, Athletes Foot packs, best-selling novels, coffee merchandise from Cafe2U and much more....

\$2 a Ticket (10 Tickets per booklet)

Donations still being accepted.

Please see Nancy or enquire at the Information Desk



REGISTRATION GAPS

There have been considerable issues with the accuracy of record keeping with families who have paid CLAC membership, but not yet registered online.

Could ALL parents please ensure that their online registrations have been completed.

The following members need to finalise their registrations:

Marlan Johnstone
Ryan Lovell
Tara Fontana
The Rosa family
The Adam family
The Corser family
The Daver family
The Cretella family
The Morritt family

LUCKY NUMBERS

Choose a number for \$1 for you chance to win.

Nancy will be walking around the club this morning selling lucky numbers. Please support this fundraising activity.

available at the CLAC website

The Collingwood Open Day will be held on Sunday 8 February 2009. Entry forms will be available at the Information Desk or for download at the CLAC website.

SUPERVISION OF CHILDREN

Children attending Collingwood Little Athletics must be in the care of a responsible person at all times. The adult responsible for the supervision of the children at each meeting must stay for the duration of the meeting.

2008 CLUB RECORDS

Several athletes have set records this season. The records have now been ratified and are listed below.

Well done to everyone. We hope to see more records set in the rest of the 2008/09 season.

U/14 boys	100 m		
David Worthington	12.49	6/9/8	
U/14 boys	200 m		
David Worthington	25.50	6/9/8	
U/14 girls	100 m		
Zoe McWhinney	13.87	6/9/8	
U/14 girls	200 m		
Zoe McWhinney	28.57	6/9/8	
U/14 boys	100 m		
David Worthington	12.38	12/9/8	
U/12 girls	Javelin		
Lucy Dodd	20.46 m	11/10/8	
U/14 girls	High Jump		
Zoe McWhinney	1.55 m	11/10/8	
U/14 boys	100 m		
David Worthington	12.38	17/10/8	
U/12 girls	Javelin		
Lucy Dodd	20.83 m	25/10/8	

UNIFORM UPDATE

The Committee is investigating providing an optional "crop top" uniform, similar that seen by athletes at recent regional relay events. The tops will be trialed over the next few weeks.

Until the option is approved the official CLAC uniform will remain

- Plain black running shorts & club singlet (plain white T-Shirt under the singlet if cold)
- The Registration Tags

SPONSORS

Special thanks to our sponsors, THE ATHLETE'S FOOT - Greensborough & Ivanhoe, for their ongoing support.

MAURO BROS - FAIRFIELD of Station St Fairfield, who supply CLAC with our BBQ meats and with donations of meat for raffles.

