



OPEN DAY

SUNDAY 14TH FEBRUARY 2010

George Knott Reserve,
Heidelberg Road, Clifton Hill
(Melway Ref. Map 30 G12)

First event starts at 9.15am

The last Open Day before Region Track and Field – a great chance to practise your favourite events!

ENTRY	Entry form (on reverse) is to be filled out and posted with appropriate fee to: The Secretary, Collingwood Little Athletics Centre P.O. Box 1624 Preston South, Vic, 3072
COST	\$6.00 per event or \$20.00 for a maximum of 4 events
ENTRIES CLOSE	Entry form and fee must be received no later than Friday 29 January 2009 Late entries accepted at \$7 per event only if vacancies exist.
UNIFORM	All competitors must be registered athletes and must compete in their Club/Centre uniforms.
TRACK EVENTS	Spikes (7mm conical) & starting blocks may be used in accordance with VLAA regulations for U12 athletes and up.
FIELD EVENTS	Best of three attempts will determine the winner
SPECIAL CONDITIONS	Athletes may progress up an age group if their preferred event is not offered in their own age group. U6 & U7 athletes are not allowed to progress to the U8 hurdles Collingwood LAC reserves the right to cancel an event if insufficient entries are received for that event. No protests will be allowed
AWARDS	The first three placegetters in each final event will receive a medal. All competitors will receive an Open Day ribbon.
CANTEEN	A delicious range of hot and cold food and drinks will be available
ENQUIRIES	Bev Scott, CLAC Secretary, tel. 9464 3571

The following events have been scheduled for Collingwood Little Athletics Open Day.
For your own information, please highlight those events you have chosen to compete in.

GIRLS	U/6	70M	100m	200m						DIS	S/P		
GIRLS	U/7	70M	100m	200m						L/J	S/P		
GIRLS	U/8	70M	100m	200m			80mH			L/J	S/P	H/J	
GIRLS	U/9		100m	200m	400m		80mH		1100mW	T/J	DIS		
GIRLS	U/10		100m	200m			800m	80mH	1100mW	L/J	S/P	H/J	
GIRLS	U/11		100m	200m	400m	1500m		80mH		T/J	DIS		JAV
GIRLS	U/12		100m	200m			800m	80mH	1500mW	L/J	S/P	H/J	JAV
GIRLS	U/13		100m	200m	400m	1500m		80mH		T/J	DIS	H/J	JAV
GIRLS	U/14		100m	200m			800m	80mH	1500mW	L/J	T/J	S/P	JAV
GIRLS	U/15		100m	200m	400m	1500m		90mH	1500mW	T/J	DIS	H/J	JAV
BOYS	U/6	70M	100m	200m						DIS	S/P		
BOYS	U/7	70M	100m	200m						L/J	DIS		
BOYS	U/8	70M	100m	200m				80mH		L/J	S/P		
BOYS	U/9		100m	200m	400m			80mH	1100mW	T/J	DIS	H/J	
BOYS	U/10		100m	200m			800m	80mH	1100mW	L/J	S/P		
BOYS	U/11		100m	200m	400m	1500m		80mH		T/J	DIS	H/J	JAV
BOYS	U/12		100m	200m			800m	80mH	1500mW	L/J	S/P	H/J	JAV
BOYS	U/13		100m	200m	400m	1500m		80mH		T/J	DIS	H/J	JAV
BOYS	U/14		100m	200m			800m	90mH	1500mW	L/J	T/J	S/P	JAV
BOYS	U/15		100m	200m	400m	1500m		100mH	1500mW	T/J	DIS	H/J	JAV

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Please include the following information and nominate the events you wish to enter from those listed above **(Maximum of 4)**.
Also include entry fee. (Cheque made payable to: Collingwood L.A.C.)

NAME: _____ Boy/Girl (please circle) Telephone _____

ADDRESS: _____

REGISTERED CENTRE: _____ REG.NO. _____

*******Please Specify the Age Group for each Event!**

EVENT 1: _____ EVENT 2: _____

EVENT 3: _____ EVENT 4: _____

SIGNATURE OF PARENT/GUARDIAN _____

Collingwood Parents/Guardians, please indicate in which event/capacity you will assist us on the day:

If you are visiting from another Centre and would like to help out, please indicate which event you would be happy to assist with:

A complimentary light lunch will be supplied to all officials