

KNOX LITTLE ATHLETICS CENTRE

CROSS COUNTRY - 2009 OPEN DAY

Nortons Lane, Melway 72 A2



○ = course marshals **M** = marshalling **P** = presentations **L** = late entries + payment

Program of Events

9.30am - Walk the Course. 10.00am - First event.

| | |
|------------------------------|---|
| 1: U7 Boys - 1000m | 10: Youth Aths - 3000m |
| 2: U13, 14, 15 Boys - 3000m | 11: Open age - 3000m |
| 3: U7 Girls - 1000m | 12: U12 Girls - 2000m |
| 4: U12 Boys - 2000m | 13: U10 Girls - 1500m |
| 5: U8 Girls - 1000m | 14: U9 Boys - 1500m |
| 6: U11 Boys - 2000m | 15: U11 Girls - 2000m |
| 7: U8 Boys - 1000m | 16: U10 Boys - 1500m |
| 8: U6 Boys/Girls - 500m | 17: U9 Girls - 1500m |
| 9: U13, 14, 15 Girls - 3000m | <i>Age groups may be combined dependant on number of entries.</i> |

Date:

Saturday 4th July, 2009

Time:

First Event 10.00am

(Last Event approximately 2.00pm)

Venue:

Nortons Park,
Wantirna

South

(Mel Ref 72 A2)



find us at www.klac23.org.au