



IGA STATE CROSS COUNTRY CHAMPIONSHIPS 2010

TIMETABLE

10.15am

Assembly of Officials / Team Managers

11.00am

First Event (U13 Boys - 3000m)

Start Times	Age Group	Boys / Girls	Distance	Allowance
11.00am	13	Boys	3000	20min
11.20am	13	Girls	3000	20min
11.40am	8	Boys	1000 *	10min
11.50pm	8	Girls	1000 *	10min
12.00pm	14	Boys	3000	20min
12.20pm	14	Girls	3000	20min
12.40pm	7	Boys	1000 *	10min
12.50pm	7	Girls	1000 *	10min
1.00pm	15	Boys	3000	20min
1.20pm	15	Girls	3000	20min
1.40pm	11	Boys	2000	15min
1.55pm	11	Girls	2000	15min
2.10pm	12	Boys	2000	15min
2.25pm	12	Girls	2000	15min
2.40pm	9	Boys	1500	15min
2.55pm	9	Girls	1500	15min
3.10pm	10	Boys	1500	15min
3.25pm	10	Girls	1500	15min

*Denotes Invitational Event (NON CHAMPIONSHIP EVENT)

The course can be walked between 9.15 am and 10.15am

**THE PROGRAM IS SUBJECT TO CHANGE ON THE DAY IN CONJUNCTION
WITH THE SAFETY OF ALL ATHLETES**

Athletes must report to marshalling a minimum of thirty (30) minutes
prior to the start of their event